

MDS

13th International Congress of
Parkinson's Disease and Movement Disorders

June 7 - 11, 2009

Le Palais Des Congrès de Paris

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Paris

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PARIS TRANSPORTATION

Paris ComboPass®: Available in versions from two to six days, it includes unlimited use of all public transport, access to more than 60 attractions in Paris, and more! You won't find Paris ComboPass® in Paris. Conciergerie.com is the only place you can buy these exclusive pass packages. The price for a Premium 2-day pass is 59,000 Euro or \$78.24, a Premium 3-day pass is 75,000 Euro or \$99.46, a Premium 4-day pass is 92,000 Euro or \$122.00, a Premium 5-day pass is 99,000 Euro or \$131.29. and a Premium 6-day pass is 129,000 Euro or \$171.07. The US prices are approximate.

Buses: Traveling above ground is not only more entertaining than the Metro but a good way to familiarize yourself with the city. Metro tickets can be used on the buses and can be bought on the bus as well as in the metro stations. On the bus a machine stamps your ticket but hold onto your ticket to present when asked. To transfer you need another ticket. Le Paris Viste and Carte Orange tickets need to be shown to the driver. There are bus maps available at the metro stations and posted in the bus shelters. Most buses run from 6:30 AM to 8:30 PM but there are a few buses which run until 12:30 AM.

The Metro: The Paris metro is one of the oldest and one of the best train systems in the world. There are around 300 stations connected by nearly 300 kilometers of track. You can get within a couple blocks of anywhere you want to go. The metro runs from 5:00 AM to 12:30 AM and for the price of a ticket you can ride around all day long if you like. (as long as you don't leave the system). Tickets can be bought at the ticket booth in the station by ten or by 1-day, 2-day, 3-day, 5-day.



Taxis: There are almost 15,000 taxis in Paris and finding one is usually not a problem. There are taxi stands all over the city and you can also hail them in the street if the taxi light is bright. If it is dim that means it is occupied. Taxis are relatively inexpensive and the easiest way to get home after a day or night of walking around. You can usually have your hotel concierge call a taxi if you don't want to try your luck on the streets.

IMPORTANT NUMBERS

Airlines

Air France _____	800-237-2747
Air Canada _____	888-247-2262
American _____	800-433-7300
Avianca _____	800-284-2622
Continental _____	800-525-0280
Delta _____	800-221-1212
United _____	800-241-6522
US Air _____	800-428-4322

Airports

Paris Roissy Charles De Gaulle ____	33 1 70 36 39 50
Paris Beauvais _____	33 3 44 45 08 92
Paris Orly _____	33 1 49 75 15 15

General Information

American Chamber of Commerce in Paris _____	33 1 56 43 45 67
Tourisme France _____	33 1 44 50 19 98

Car Rentals

Alamo _____	33 1 45 22 77 91
Avis _____	33 1 42 77 06 06
Elite _____	33 1 40 24 24 24
Budget _____	33 1 48 62 70 22
Europcar _____	33 8 25 82 54 57
Hertz _____	33 3 44 45 01 28
National _____	33 3 44 11 46 71

Transportation

Paris Bus Transport _____	33 1 56 79 05 23
Lirus Taxi _____	33 6 87 51 43 23
Paris Prestige Limousine _____	33 6 09 28 82 19
Paris Metro Subway _____	33 8 92 69 32 46

Medical Services

Medical _____	15 or 112
Police _____	17 or 112
Fire/Accident _____	18 or 112
Paris Hospital _____	33 1 45 75 80 14

CONVENTION HOTELS

- 1 Paris Hotel Mont Fleuri
21 Avenue de la Grande Armee
33 1 45 00 33 65
- 2 Ampère Hotel
102 Av de villiers
17th Arr. (Arc de Triomphe)
33 1 47 70 25 25
- 3 Hotel Château Frontenac
54 Rue Pierre Charron
33 1 53 23 13 13
- 4 Hotel Concorde la Fayette
3 Place du Général Koenig
33 1 40 68 50 68
- 5 Elyées Régencia
41 Avenue Marceau
33 1 47 20 42 65
- 6 Hotel Franklin Roosevelt
18 Rue Clement Marot
33 1 53 57 49 50
- 7 Le Méridien Etoile
81 Boulevard Gouvion
Saint-Cyr
75848 Cedex 17
33 1 40 68 34 34
- 8 Regent's Garden
6 Rue Pierre-Demours
33 1 45 74 07 30
- 9 Renaissance Paris Hôtel Le Parc
Trocadero
55-59 Avenue Raymond Poincaré
33 1 44 05 66 66
- 10 Hotel Bassano
15 Rue Bassano
33 1 47 23 78 23
- 11 Rochester
92 Rue La Boestie
33 0 1 56 69 69 00
- 12 Royal Gardens
218 Rue du Faubourg Saint-Honoré
33 1 49 53 03 03
- 13 Splendid
54 Rue Fondary
33 1 45 75 17 73
- 14 Villa Alessandra
9 Place Boulnois
33 1 56 33 24 24
- 15 Villa Maillot
143 Avenue Malakoff
33 1 53 64 52 52
- 16 Abotel Crown Etoile
30 Rue de l'Arc-de-Triomphe
33 1 43 80 46 81
- 17 Abotel Apollinaire Montparnasse
39 Rue Delambre
33 1 43 35 18 40
- 18 Abotel Eiffel Tower
8 Rue Amelie
33 1 47 05 46 21
- 19 Balmoral
6 Rue du Général Lanrezac
33 1 43 80 30 50
- 20 Cecilia
11 Avenue mac Mahon
33 1 43 80 32 10
- 21 Champlain
99 Bis Rue de Rome
33 0 1 42 27 49 52
- 22 Courcelles Etoile
184 Rue Courcelles
33 1 47 63 65 30
- 23 Etoile Pereire
146 Boulevard Pereire
33 1 42 67 60 00
- 24 Etoile Saint Ferdinand
36 Rue Saint Ferdinand
33 1 45 72 66 66
- 25 Fertel
4 Rue Acacias
33 1 47 66 77 75
- 26 Jardin de Villiers
18 Rue Claude Pouillet
33 1 42 67 15 60
- 27 Magellan
17 Rue Jean Baptiste Dumas
33 1 45 72 44 51
- 28 Mercure Defense
18 Rue Baudin
33 1 49 04 75 00
- 29 Monceau Elysees
108 Rue Courcelles
33 1 47 63 33 08
- 30 Monceau Wagram
7 Rue Rennequin
33 1 47 63 07 52
- 31 Neuilly Park
23 Rue Madeleine Michelis
33 1 46 40 11 15
- 32 Pullman Paris Bercy
1 Rue de Libourne
33 1 44 67 34 00
- 33 Prony
103 Bis, Avenue Villiers
33 1 42 27 55 55
- 34 Star
42 Rue Berri
33 9 75 81 11 69
- 35 Novotel Paris La Defense
2 Boulevard de Neuilly
33 1 41 45 23 23
- 36 Abotel Opera
80 Rue La Fayette
33 1 47 70 43 43
- 37 Kyriad Defense
85 Boulevard Saint-Denis
33 1 41 99 97 97
- 38 Campanile
9 Rue Chemin Vert
33 1 43 38 58 08
- 39 Adagio La Defense
73 Avenue Gambetta
33 1 56 37 20 00

Paris Street Map



CONVENTION CENTER

IMPORTANT INFORMATION

The Euro: The euro, the single European currency, became the official currency of France and 11 other participating countries on January 1, 1999. The euro didn't go into general circulation until January 1, 2002. The old currency, the French franc, disappeared into history on March 1, 2002, replaced by the euro, which is officially abbreviated "EUR" or €. Exchange rates of participating countries are locked into a common currency fluctuating against the dollar, and the difference could affect the relative costs of your trip. For up-to-the-minute currency conversions, go to www.xe.com/ucc.



Banks: Most banks in Paris are open Monday to Friday from 9:00 AM to 4:30 PM, and a few are open Saturday; ask at your hotel for the location of the one nearest you. Most post offices will convert currency, and exchanges are also available at Paris airports and train stations and along most of the major boulevards. They charge a small commission. ATMs -- The easiest and best way to get cash away from home is from an ATM, sometimes referred to as a "cash machine," or a "cashpoint." Look at the back of your bank card to see which network you're on, then call or check online for ATM locations at your destination. Be sure you know your personal identification number (PIN) and daily withdrawal limit before you depart. ATMs are widely available in France, certainly in all cities and bigger towns, and even at a bank or two in smaller places. Note: users with alphabetical rather than numerical PINs may be thrown off by the lack of letters on French cash machines. If your PIN number is longer than four digits, check with your bank to see if you can use the first four digits or will have to get a new number for use in France, and remember that many banks impose a fee every time you use a card at another bank's ATM.

Credit Cards: Credit cards are another safe way to carry money, but their use has become more difficult, especially in France. They also provide a convenient record of all your expenses, and they generally offer relatively good exchange rates. You can usually withdraw cash advances from your credit cards at banks or ATMs, provided you know your PIN. Keep in mind that you'll pay interest from the moment of your withdrawal, even if you pay your monthly bills on time. Also, note that many banks now assess a 1% to 3% "transaction fee" on all charges you incur abroad. There is almost no difference in the acceptance of a debit or a standard credit card.

Telephone Calls: Cell Phones: In France (and all of Europe), you'll need a cell phone that is GSM SIM-unlocked and that works on 900-1800 GSM frequencies. These will work with any prepaid SIM card in Europe, which usually accept free incoming calls.

Phone Calls: French phone numbers are composed of ten digits. Parisian landline numbers start with 01 and cell phones with 06. For example, the number of the Center in Paris is 01-53-94-78-80.

Calling France from the U.S.: Dial 011 (international dialing code), then 33 (the country code for France) and the French phone number without the first "0."
Example: 011-33-1-53-94-78-80

Calling France within France: Dial the 10-digit telephone number.
Example: 01-53-94-78-80

Calling the U.S. or Canada from France: Dial 001 followed by the area code and seven-digit phone number.
Example: 001-773-702-1234

Paris Wi-Fi Spots: There are now over 260 public locations that provide 24-7 high-speed wireless Internet access. For terminal locations by arrondissement, visit Localisation des bornes Wi-Fi.

Time Difference: Paris is 6 hours ahead of New York time. So, keep this time difference in mind when you plan to call.

WEATHER

IN JUNE, THE AVERAGE
HIGH TEMPERATURE
IS 72°F AND AN
AVERAGE LOW IS 55°F.
AN AVERAGE RAINFALL
IS 2.2 INCHES

PARIS JAZZ CLUBS

L'Arbuci

This is a favorite well-established jazz club in the heart of St.-Germain. It attracts a good mix of regular locals and curious tourists as well. Enjoy the pleasant brasserie upstairs, then head to the basement for old-fashioned Dixie-style jazz. The L'Arbuci jazz club is located at 25 Rue de Buci.



Au Duc des Lombards

The Left Bank may be the traditional home of jazz, but this wood-paneled, velvet seated club is firmly on the right path, in the Les Halles district. The walls are covered with posters of the great jazz artists who have played at the club. The club has a policy to bring in the best overseas jazz artists to play alongside home-grown talent. The Au Duc des Lombards jazz club is located at 42 Rue des Lombards.

Baiser Sale

This tiny cellar club offers jazz, blues, Latin and African music. This club may be on the small side but high on the volume. The Baiser was promoting World Music long before the phrase had been invented, and the electric approach has led to a relaxed and friendly atmosphere. It is also cheaper than many clubs too. The Baiser Sale jazz club is located at 58 Rue des Lombards.

Le Bilboquet

Le Bilboquet jazz club opened its doors in 1947. Since this time legends including Miles Davis and Billie Holiday have performed here. Today, however, it's mostly local talent that you will see on stage. In addition to great music you can enjoy a relaxing bar and restaurant. Le Bilboquet jazz club is located at 13 Rue St. Benoit.

Autour de Midi et de Minuit

This cozy club has added some welcome buzz to the slopes of Montmartre. It's jazz all the way, mostly swing but some modern jazz as well performed in a vaulted cellar below the excellent bistro. The Autour de Midi et de Minuit jazz club is located at 11 Rue Lepic.

New Morning

An upstart by Paris standards, having opened in 1981. Its policy of embracing all kinds of music including jazz, blues, Latin, soul and the unclassifiable. This is

a great place for those who enjoy all types of music. It is a very relaxed atmosphere. Don't be surprised if they invite someone from the audience to play. New Morning is located at 7-9 Rue des Petites-Ecuries.

Le Petit Journal Montparnasse

This jazz club barely sleeps. The doors close at 2:00 AM but open again only four hours later. You can just drink or even have a meal while listening to the live music which is mainly big band jazz. On some nights the club takes in salsa, blues and rock. The Le Petit Journal Montparnasse is located at 13 Rue du Commandant-Mouchotte.

Le Petit Journal St-Michel

This club opened in 1971 and concentrates more on New Orleans-style swinging jazz. In the heart of the Latin Quarter, you can enjoy traditional French cuisine here. Dinner is served from 8:30 to midnight. The Le Petit Journal St-Michel is located at 5 Rue de La Hutchette.

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Welcome to Paris

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PARIS ATTRACTIONS

Eiffel Tower ★ 1

The Eiffel Tower in Paris is one of the tallest structures in the world. It is of course considered to be one of the most romantic places on Earth. The original designer, also named Eiffel, was no stranger to the United States as he also designed the wrought-iron pylon inside the Statue of Liberty. Eiffel was the leading European authority on the aerodynamics of high frames and wrote a famous book entitled "The Resistance of the Air" in 1913. The curve of the base pylons in the Eiffel Tower were calculated exactly so as to withstand the bending and shearing forces of the wind. These forces were progressively transformed into forces of compression so that the structure of the tower could withstand them more effectively. Eiffel's genius helped to conquer even in the strongest winds and it is commonly known that the Eiffel Tower never sways more than 4-1/2 inches. Today, the "Tour Eiffel", as it is known to Parisians, is internationally recognized as one of the great romantic symbols of Paris itself. The Eiffel Tower is located at Champs-de-Mars, 7e, Paris. For tours call 33 1 44 11 23 23.

Louvre Museum ★

The Louvre is one of the largest museums in the world, with over 35,000 pieces of art housed in a gigantic, 60,000 square foot building. Located along the banks of the Seine, the glass pyramid outside the Louvre is a memorable landmark, and an often photographed view of the museum. Descend below to enjoy the large collection of works, including Leonardo da Vinci's Mona Lisa. The history of the Louvre museum starts with Philippe-Auguste, as he built the Louvre in the late 12th century as a fortress on the edge of the city to protect Paris from Anglo-



Norman invaders. The Louvre was retrofitted into a residence for Louis XIV in the 16th century, and remained a palace for several centuries, but also began to showcase the works that France had been collecting. The history of the Louvre museum took a dramatic turn in the late 18th century when the art collection took over entirely, and thus the modern Louvre was born. Different rulers build different sections as part of the palace expansion. King Henri IV built the Grande Galerie, which is over a quarter of a mile long, and at the time was the longest building in the world. Louis XIII completed the Denon Wing during his rein. Even Napoleon had a hand in the history of the Louvre museum, adding a wing in the 1850s. The museum is located at 75058 Paris Cedex 01, Paris - 33 1 40 20 51 77.

Centre Georges-Pompidou

The Centre Georges Pompidou is a very notable building that is located in the Beaubourg area of Paris. It stands near Les Halles and the Marais and it houses a vast public library and a modern art museum. Because of its location, the centre is often referred to simply as "Beaubourg" by the locals. Some of the art movements represented in the museum include Fauvism, Cubism, Surrealism and Abstract Expressionism. The museum has a total of 50,000 works of art which include various paintings, sculpture, drawings and photographs. There are close to two thousand items on public display there. The building structure of the Centre Pompidou is very distinctive and has been described by critics as "an oil refinery in the centre of the city". The construction of the building is very transparent as the steel beams that make up the Pompidou Centre's framework are on the outside. The intention of the architects was to place all the service elements outside the building's framework and thereby turn the building "inside out". The Centre Georges-Pompidou is located at Place Georges Pompidou, Paris - 33 1 44 78 12 33.



Château de Versailles

The Palace at Versailles is one of the world's greatest buildings. Begun in 1624 as a modest hunting lodge by King Louis XII, the present grand palace took shape under Louis XIV between 1661-1689. Versailles has five



parts: the Palace, the Trinans, Le Hameau, the gardens, and the fountains. The Palace offers grandly furnished public rooms glorifying the Sun King and the art galleries. If you can't see them all, don't miss the King's Apartments and

the Hall of Mirrors. The two Trianon chateaux have more grand rooms, but not as grand as the Palace. The next is Le Hameau. This is where Queen Marie Antoinette got it into her head that peasant farming was a noble pastime, and had a little farm community built for her. Next is the gardens, they are largely a classical representation of a forest. It is almost two miles from the Palace to the end of the gardens. The fountains that are the highlight of any visit to Paris, should not be missed. A river was diverted to provide water for them, seriously affecting the water supply of Paris. Because of the strain the fountains put on Paris' water supply, they are displayed only on six summer afternoons a year, roughly every other Sunday, May-September. The Château de Versailles is located at Motorway A13, Paris - 33 1 30 83 78 00.

Musee d'Orsay

The Musee d'Orsay is housed in a former train station which had to close in 1937 as the platforms were too short for newer trains. It remained empty and was saved from demolition threats after the outcry over Les Halles destruction. In 1986 this museum opened dedicated to artwork from between 1848 and 1914. The building itself is quite beautiful and is a perfect backdrop for the stunning artwork inside. What was previously the platforms area is an incredible light and airy space that soars upwards. The gallery is housed over three floors. Several special exhibits will be on display from April 7 – July 19, 2009, including "See Italy and Die," "Italian Models," and "The Italy of the Architects, from layout to invention." The museum is known worldwide for its collections of impressionist paintings among which include works by French artist Pierre-Auguste Renoir and Vincent Van Gogh. The Musée d'Orsay, like the Musée Hébert, is a national museum under the authority of the Ministry of Culture. The Musee d'Orsay is located at 1 Rue de la Legion-d'Honneur, Paris - 33 1 40 49 48 14.

Cathédrale Notre-Dame

Visitors must show a respectful attitude, through both their behavior and their clothing, to this great Christian site where men and women have come to pray and to confide in God for over eight centuries. On a small island in the River Seine, the Cathedral of Notre-Dame is the very center of France. Inside the church, you can either walk and look for free, or you can hire an audio guide. There are the Gothic stained glass windows the "roses" but you will especially like the segments of the Christ story that you can see "illustrated" in beautiful friezes along the center of the church so that priests could explain the basic stories in the Bible to those who could not read it. You can also hunt out the statue of Joan of Arc. Cathédrale Notre-Dame is located at 6 Place du Parvis-de-Notre-Dame, Paris - 33 1 42 34 56 10.

Basilique du Sacré-Coeur

The Basilique Sacré-Cœur (Basilica of the Sacred Heart) is a Roman Catholic church and familiar landmark in Paris, located on the highest point of the city in Montmartre. The triple-arched portico is surmounted by two bronze equestrian statues of France's national saints, Joan of Arc and King Saint Louis IX. The Sacré-Coeur Basilica is built of Château-Landon (Seine-et-Marne) stone, a frost-resistant travertine that constantly weathers out its calcite, so that it bleaches with age to a chalky whiteness. Golden mosaics glow in the dim, echoing interior of the Sacré-Coeur. The mosaic of Christ in Majesty (1922) in the apse is one of the world's largest, and incorporates Joan of Arc as well as the Virgin Mary. Basilique du Sacré-Coeur is located at Place St-Pierre 18e, Paris - 33 1 42 51 17 02.

Arc de Triomphe

The Arc de Triomphe is one of the most famous monuments in Paris. The arch honors those who fought for France, particularly during the Napoleonic Wars, and today also includes the tomb of unknown soldier from World War I. The Arc is the linchpin of the historic axis (L'Axe historique) a sequence of monuments and grand thoroughfares on a route which goes from the courtyard of the Louvre Palace to the outskirts of Paris. From the top there is an excellent view of all of Paris, the twelve major avenues leading to the Arc and of the exceptionally busy roundabout in which the Arc lies. The Arc de Triomphe is located at Place Charles-de-Gaulle-Etoile, 16e, Paris - 33 1 55 37 73 78.



PARIS ATTRACTIONS

Jardin du Luxembourg ★

The Luxembourg Palace was first constructed for Marie de Medicis in 1627 and the designer was Salomon de Brosse. It was originally intended as a Florentine palace to suit the taste of Marie de Medicis. In addition to the impressive Florentine design,

there are decorations and embellishments such as Rubens paintings which can be found on the walls of the large art gallery. The library also has masterpieces from Eugene Delacroix. The



practical usage of the palace has changed many times. The Jardin du Luxembourg was a prison during the Revolution but it is now a building that is used to house the Senate. The gardens of Luxembourg are a majestic sight for any passerby and they completely surround the palace itself. This extremely large park has grand sprawling lawns and an abundance of colorful flowers to please the senses. The sight always amazes the visitors who walk comfortably along the winding paths through the park. The exquisite beauty of the various flowers and the shadows under the cool trees is very pleasurable. Jardin du Luxembourg is a wonderful place to visit and is located at 6 Rue de Vaugirard, Paris - 33 1 42 34 25 95.

Disneyland Park

Disneyland Park is like the Magic Kingdom in Orlando, only a lot smaller. You enter along Main Street USA - 1930's America - really pretty, with Cinderella's Castle in the background. You can ride a vintage car or a horse-drawn tram along the street and this is where the daily parade takes place. The Princess Parade is magical with the usual Disney characters, dancers, floats and more. The park is divided into 4 lands; Discoveryland, Fantasyland, Adventureland and Frontierland. Fantasyland is themed around Disney fairy tales and fables. Adventureland is wonderfully themed with lots of caves, bridges, tunnels and waterfalls to explore. Pirates of the Caribbean is the main ride - an indoor boat trip through pirate scenes. Frontierland takes you back to the Wild West. Here you will find Big Thunder. Discoveryland is Disney's futuristic area. Here you will enjoy Buzz Lightyear

shooting targets with a laser gun, the Star Tours simulator and of course Space Mountain. Disneyland Park in Paris might not be as big as DisneyWorld in Orlando, but it still is a magical experience that you don't want to miss. Disneyland Park is located at Marne-la-Vallee, Paris - 33 8 25 30 60 30.

Picasso Museum

The Picasso museum is housed in one of the nicest mansions of the Marais district in Paris, built in the XVIIth century for Pierre Aubert Lord of Fontenay. The Hotel Salé, which owes its name to the profession of its first owner (a salt tax collector), changed hands very often, becoming a national literary repository harbouring the convent libraries seized during the Revolution, an educational establishment where Balzac completed his secondary schooling, the Ecole Centrale des Arts et Manufactures, an exhibition room for the bronze sculptor Henri Vian. It was made a listed building in 1968, and opened his doors as The Picasso Museum in 1985. The Picasso Museum is located at 5 Rue de Thorigny, Paris - 33 1 42 71 88 18.

Luxembourg Gardens ★

The Luxembourg Gardens, Paris's best known park after the Tuileries. They were laid out in the 17th century when the Palais du Luxembourg was built, and were given their present form in the 19th century. The large octagonal pond with a fountain is flanked by two terraces. This part of the park is laid out in the French classical style, symmetrically, with straight lines, while the outer parts with their winding paths and quiet corners between

irregularly grouped clumps of trees are in the less formal English style. Along the terraces and paths are statues of prominent men and women from the worlds of art and politics. A popular meeting-point is the picturesque Fontaine de Médicis, hidden



under trees opposite the east front of the palace. The fountain basin, with a Renaissance monument on the pediment of which are the river gods of the Rhône and the Seine, dates from around 1620. The Palais du Luxembourg is located at 19 Rue de Vaugirard, F-75006 Paris - 33 1 44 54 19 49.

La Conciergerie ★ ⁹

Situated in a part of the Palais de Justice (Law courts), the Conciergerie became Paris' first prison in 1391. Behind its medieval facade are reconstructions of cells, the 14th century Salle des Gardes (Guardroom), the Salle des Gens d'Armes (Arms room), which is a fine example of Gothic architecture, the Cour des Femmes, where the prisoners took their daily walk, and the Bonbec Tower in which they were interrogated. During the French Revolution, almost 3,000 people were locked up in these dungeons; one of them is a reconstruction of the cell in which Queen Marie-Antoinette awaited her fate at the guillotine. Several other famous prisoners were entertained here, including Charlotte Corday (politician Jean-Paul Marat's assassin in 1793), chemist Antoine de Lavoisier and poet Andre Chenier. The Conciergerie is located at 1 Quai de l'Horloge, Paris - 33 1 53 73 78 50.



Parc Zoologique de Paris

There's a modest zoo in the Jardin des Plantes, but without a doubt, the best zoo is here on the southeastern outskirts of Paris, quickly reachable by Métro. Many of this modern zoo's animals, which seem happy and are playful, live in settings similar to their natural habitats, hemmed in by rock barriers, not bars or cages. You'll never see an animal in a cage too small for it. The lion has an entire veldt to himself, and you can look eyes comfortably across a deep moat. On a cement mountain similar to Disneyland's Matterhorn, exotic breeds of mountain goats and sheep leap from ledge to ledge or pose gracefully for hours while watching the penguins in their pools at the mountain's foot. Keep well back from the bear pools, or you might get wet. The Parc Zoologique is located at Bois de Vincennes, 53 Avenue de St-Maurice, 12e Paris - 33 1 44 75 20 00.

Musee Rodin Paris ★ ¹⁰

You can easily enjoy the wonderful offerings of Musee Rodin in 1-2 hours. It is covered by the Museum Pass, closed Mondays; you can opt for entry to the grounds only or pay a few Euros more for the grounds and building, a historic mansion where Auguste Rodin resided and worked. Outside

you will find the French sculptor's The Gates of Hell, Balzac and The Thinker; inside, The Kiss and a room featuring the works of Rodin's pupil and lover, Camille Claudel. Great photograph opportunities, especially in the rose gardens, with the golden dome of Les Invalides as a back-drop. The Musee Rodin museum is located at 77 Rue Varenne, Paris - 33 1 44 18 61 10.

La Sainte Chapelle ★

Located in the center of the city within the Palais de Justice complex on the Île de la Cite, La Sainte Chapelle (Holy Chapel) is a small Gothic chapel constructed in the Rayonnant style. Built by King Louis IX from 1238-1244, the chapel housed holy relics from the Passion believed to be Jesus' Crown of Thorns and a piece of the True Cross. These items were purchased from the Byzantine emperor Baldwin II in 1239 for a huge sum of 135,000 livres (the church cost 40,000 livres to build) due to the King's desire to elevate France as the leader of Western Christianity. La Sainte Chapelle provides visitors with a spectacular visual experience, since the entire upper tier of the chapel is surrounded by enormous stained glass windows. La Sainte Chapelle is located at 4 Bd. du Palais, 1er, Paris - 33 1 42 77 65 65.

Place Vendôme ★ ¹²

Follow the Rues de Castiglione and de la Paix to one of the most famous squares in Paris. Intricately linked with the history of France, since its creation in 1685, this architectural jewel was commissioned by King Louis XIV and designed by Jules-Hardouin Mansart. The arcades of the exquisitely fronted mansions that surround the square form a sort of intimate salon in the heart of the capital. Not surprisingly, it was adopted by Paris' aristocracy. Prestigious banks and the emblems of French elegance still cluster around the Austerlitz column that Napoleon erected. Labels of luxury such as Chaumet, Boucheron, Van Cleef & Arpels, Cartier, Guerlain, Chanel rule the roost. While you're here, stop at the Ritz hotel or the Palais de l'Elysee (the President's residence). Yes, this really is the home of luxury, elegance and power. The Place Vendôme is located at 4 Place Vendôme, Paris - 33 1 42 61 13 89.



DINING OUT IN PARIS

Paris is a romantic city with so many dining options. The restaurants listed below range from a moderate meal costing \$30.00 or less, to a very expensive meal costing \$50.00 and above. These are estimated costs so prices may vary. Reservations should be made for Expensive and Very Expensive restaurants.

Paradis du Fruit (Le) \$\$\$ 1

4 Street Saint Honore
33 1 44 09 02 02

This restaurant offers fruits and salads in several original combinations, based on 12 flavors from smoked tarama, spiced chicken on a skewer, and avocado cream to tuna caviar.

Laduree \$\$ 2

75 Avenue des Champs Elysées
33 1 42 89 26 29

High-class restaurant on the world's famous avenue, Laduree also boasts a bakery. You can try the famous macarons, a specialty of this establishment, or enjoy the raw and cooked vegetable salad along with a variable of other dishes served for lunch and dinner.

Fermette Marbeuf (La) \$\$-\$\$\$ 3

5 Rue Marbeuf
33 1 53 23 08 00

If you enjoy dining in a room of lavish artistic masterpiece, this will make your day. Enjoy a starter of Snail and Garlic Butter Souffle that might lead to a Chateaubriand with Morel Mushrooms for two and a first class cheese tray to finish.

Mandala Ray \$\$\$ 4

34 Rue Marbeuf
33 1 56 88 36 36

Owned by actors Johnny Depp, Sean Penn and John Malkovich, this bar-restaurant offers sushi, seafood and grilled meat. Make sure to enjoy the bar on the mezzanine level.

Buddha Bar \$\$\$ 5

8 Rue Boissy d'Anglais
33 1 53 05 90 00

This exotic restaurant isn't quite what you'd expect to find just a few minutes away from the Crillon luxury hotel and ultra chic Place de la Concorde. Climb the massive staircase to this huge restaurant's smaller dining areas, watched over by an enormous Buddha. The imaginative Japanese-Californian menu features reasonably strong grilled duck and other meat dishes.



Willi's Wine Bar \$\$ 6

13 Rue des Petits-Champs
33 1 42 61 05 09

This British-owned spot is stylish. The dishes change daily and might include roast cod with artichokes and asparagus in spring, venison in wine sauce with roast pears and celery-root chips in fall, and mango candied with orange and served with vanilla cream in winter.

Deux Magots (Les) \$\$\$ 7

6 Place St-Germain-des-Prés
33 1 45 48 55 25

This is a very popular place in the quarter of St. Germain-Des-Prés. The menu offers mixed platters of salad and cold meats, but also a dish of the day.

Le Dôme du Marais \$\$ 8

53 Rue des Francs-Bourgeois
33 1 42 74 54 17

This is located under the glass dome of a former chapel. Enjoy dishes such as roast saddle of lamb with wild mushrooms and cocos de Paimpol (white beans), roast duck with green peppercorns and apple sauce, topped off by chartreuse soufflé or the lemon and raspberry "diamond" cake.

L'Ardoise \$\$ 9

28 Rue du Mont Thabor
33 1 42 96 28 18

Enjoy a first-rate three-course dinner menu with such original dishes as mushroom and foie gras ravioli with smoked duck, farmer's pork with porcini mushrooms, and red mullet with creole sauce.

Bouillon Racine \$\$\$ 10

3 Rue Racine
33 1 44 32 15 60

The art nouveau decor of this Belgian restaurant is astonishing; it feels like going back in time. The cuisine is imaginative, with dishes include Artichoke Carpaccio, Three Fish Waterzooi, Fried Potato Tartar and the more usual Speculoos and authentic Cafe Liegeois. A true delight!

Tour d'Argent (La) \$\$\$\$**11**15 Quai de la Tournelle
33 1 43 54 23 31

A combination of fine cuisine and stylish wooden decor has made Claude Terrail's restaurant one of the most fashionable in Paris. Young, talented chefs ensure that the menu is high quality. Enjoy offerings of duckling, foie gras and lobster. It also has an exceptional wine cellar. Situated on the sixth floor of a luxurious champagne-coloured building, the restaurant offers stunning views over the Seine and the rest of the city.

Mavrommatis \$\$**12**42 Rue Daubenton
33 1 43 31 17 17

This restaurant situated in the very heart of the Latin Quarter, in a picturesque neighbourhood, has an elegant and sophisticated decor. The menu offers a variety of refined Greek dishes: Quail roasted in Wine Leaves, Lamb-stuffed Cabbage Paupiette, Moussaka.

Il Vino \$\$\$\$**13**13 Boulevard de la Tour
33 1 44 11 72 00

The hip décor—plum-color banquettes, body-hugging white chairs, has attracted those who may try the multicourse tasting menus. This might bring you a white Mâcon with saffron risotto; a crisp Malvasia with crabmeat and black radish; a full-bodied red from Puglia with Provençal-style lamb; and sweet Jurançon with berry crumble. You can also order individual wine/food combinations à la carte.

Le Restaurant \$\$**14**13 Rue des Beaux-Arts
33 1 44 41 99 01

This restaurant is very creative, light classic cuisine. Phillippe Belissent, the chef, is a master. Beautiful setting (small dining room) with excellent modestly-priced wines. Eat here before they earn a star when the price will double. Try the amazing cepe ravioli & ris de veau.

L'Arpege \$\$\$**15**84 Rue de Varenne, 7e
33 1 47 05 09 06

Arpège is best known for Alain Passard's specialties -- no restaurant in the 7th serves better food. Surrounded by etched glass, burnished steel, monochromatic oil paintings, and pearwood paneling, you can enjoy such specialties as couscous of vegetables and shellfish, lobster braised in the yellow wine of the Jura. This restaurant serves red meat but focuses on fish, shellfish, poultry, and his passion -- vegetables.

**Glou \$\$\$ - \$\$\$\$****16**101 Rue Vieille du Temple
33 1 42 74 44 32

Extremely friendly and efficient service with a great quality food. The menu is short but well balanced. Many pork dishes prepared in a superb way. The "lardo" is simply to die for. Excellent wine list and top wines by the glass which is a very rare and interesting experience. The restaurant is on the top floor of an elegant townhouse and its history is fascinating. Enjoy the breathtaking view of the Cathedrale Notre-Dame and the Seine. A lovely evening in Paris!

Guy Savoy Restaurant \$\$\$\$**17**18 Rue Troyon
33 1 43 80 40 61

The food is among the best anywhere. The service is friendly and helpful. The wine list is amazing and the prices will make you feel good about the wine you have at home. An experience to savor.

Taillevent \$\$\$\$**18**15 Rue Lamennais
33 1 44 95 15 01

Beautifully presented food and an elegant ambiance that are only surpassed by the warm, efficient, helpful service and the delectable cuisine. The food, service and presentation are excellent. The wine list is unbelievable. You will enjoy a delicious French cuisine at Taillevent.

Cinq (Le) \$\$\$\$**19**Four Seasons George V
31 Av George V
33 1 49 52 71 54

This is the of the best haute cuisine in Paris. Fabulous food, beautiful decor and the service is extraordinary. They provide a price fixe tasting menu which includes 7 courses, not including extras, which are amazing. This is a must try restaurant that you will really enjoy.

DINING OUT IN PARIS

Alain Ducasse \$\$\$\$

20

4 Street Saint Honore
33 1 53 67 65 00

Ducasse is one of the best chefs in Paris. This is located at Plaza Athenee hotel. Enjoy the impeccable service, and the chef's signature dishes such as langoustines with caviar. This food is one of the best in Paris.

La Tour d'Argent \$\$\$\$

21

15 Quai de la Tourneue
33 1 43 54 23 31

Renowned for its wine list, which is considered to be one of the best in Paris as well as the lovely views of the Seine and Notre-Dame make this one of the top places in Paris to dine. Enjoy duck a l'orange which is one of the specialties and the sauce is prepared before your eyes.

L'Epi Dupin \$\$\$

22

11 Rue Dupin
33 1 42 22 64 56

This restaurant is very busy with small rooms, noisy diners and busy tables. Reservations must be made in advance to enjoy this dinner. The menu is constantly changed but is always inventive. The home-baked bread is a delight as in the dessert menu you shouldn't miss.

Brasserie Bofinger \$\$

23

5-7 Rue de la Bastille
33 1 42 72 87 82

This is one of Paris's oldest brasserie. Its decor is the original wood and glass with leather banquette seating. The menu offers staple bistro dishes such as oysters and pepper steak brisk.

Chez Georges \$\$ - \$\$\$

24

1 Rue du Mail
33 1 42 60 07 11

A favorite place of the locals, this beautiful old Paris bistro is always crowded. They serve good, honest food such as duck with ceps and profiteroles doused in chocolate. This is a meal you will enjoy.

Le Fin Gourmet \$\$\$

25

42 Rue St-Louis-en-l'le
33 1 43 26 79 27

This excellent bistro in a 17th century building. This restaurant offers dishes such as scallops with shallots, or veal and baked apples. This gets really busy at lunch but much quieter in the evening.



Le Scheffer \$\$ - \$\$\$

26

13 Rue des Petits-Champs
33 1 42 61 05 09

This is another bistro which may look the same as others but once you get inside this Chaillot Quarter it is a different story. The food is superb, the service is very friendly. The atmosphere is fun with reasonable prices. Reservations should be made in advance. Once you dine here you will see why it is such a popular spot.

Le Baron Rouge \$\$

27

1 Rue Theophile-Roussel
33 1 43 43 14 32

Enjoy this traditional busy restaurant. It might not be gourmet but the food is good and you can enjoy a basic wine bar that you can savor by the glass or bottle. You will enjoy a glass of wine accompanied by cold meats, pate, and other simple traditional meals.

Chartier \$\$

28

53 Rue des Francs-Bourgeois
33 1 42 74 54 17

This early 20th century workers' canteen has retained its original, tightly packed tables set in wood paneling and gilded mirrors. Try the simple and filling foods such as pepper steak, tarragon chicken and fish. This place is always busy so come early to get a table. No reservations are taken but this is a place you don't want to miss.

Isami \$\$\$\$

29

4 Quai d'Orleans
33 1 40 46 06 97

If you like sushi this is one of the best places in Paris for it. This restaurant offers the best Japanese food in the city of Paris. Although the food is the best, the restaurant is tiny and very popular so make sure you make reservations in advance.

PARIS DINNER SHOWS



Moulin Rouge French Cancan Dinner Show

'Feerie', the Moulin Rouge's new show 'Feerie' consists of : a troupe of 100 artists, including 60 Doriss Girls recruited world-wide ; 1000 costumes of feathers, rhinestones and sequins, made in the most famous Parisian workshops; sumptuous stage in shimmering colors, uniquely designed by Italian artists; outstanding international acts, and the awaited return of the giant aquarium; all this performed to original music recorded by 80 musicians and 60 chorus singers. Dinner seating at 7:00 PM nightly. For more information call 44(0) 870 830 8202 or go to <http://www.discount-paris.com>.

Paradis Latin Festival Dinner Show

The Paradis Latin, the most Parisian of the great cabarets, built by Gustave Eiffel and a national landmark in Paris, presents Paradis a la Folie, its exhilarating new show which opened to roaring applause. A fabulous cocktail of musical comedy, lavish fanfare and modern ballets. It's an unforgettable evening featuring of course the world famous Cancan. After the 9:30 PM show, enjoy dancing until midnight. Quality dining, service and review, open every day except Tuesday. Dinner at 8:00 PM and one show nightly at 9:30 PM. For more information call 44(0) 870 830 8202 or go to <http://www.discount-paris.com>.



Paris Lido Dinner and Show

Spend a night out on the town at the glamorous Paris Lido on the famous Boulevard Champs-Elysees. You'll enjoy a delicious three-course meal at Le Lido de Paris then settle in for the Lido's fabulous cabaret show, "Bonheur". Enjoy free drinks, and a three-course meal. Afterwards you can dance to the orchestra before the curtain rises for the Lido's "Bonheur" show. You'll be entranced by the special effects, magnificent costumes and sets, light displays and musical accompaniment of "Bonheur", and discover that there's far more to Paris' nightlife than the Moulin Rouge! For more information call 44(0) 870 830 8202 or go to <http://www.discount-paris.com>.

Eiffel Tower Dinner, Paris Moulin Rouge Show and Seine River Cruise

Enjoy a night out in Paris and combine dinner at the Eiffel Tower and a Seine River cruise with an exotic show at the Moulin Rouge. You'll enjoy dinner at the Eiffel Tower's Altitude 95 restaurant that includes free drinks and a delicious dinner. After dinner, take a one-hour evening cruise on the Seine River and tour Paris' floodlit monuments at night before arriving in the heart of Paris' nightlife, Montmartre, and the Moulin Rouge! You'll experience the Moulin Rouge's new "Feerie" review and the essence of Parisian cabaret. A troupe of 100 artists, including 60 legendary Doriss dancers, will entertain you dressed in exotic costumes of feathers, rhinestones and sequins. The sumptuous sets and vibrant light show of "Feerie" provide a colorful backdrop for brilliantly choreographed performances on moving staircases, in a gigantic aquarium, on swings and in garden settings. The departure location is 1 Rue d'Alger 75001 Paris. Departure time is 6:00 PM daily. For more information call 44(0) 870 830 8202 or go to <http://www.discount-paris.com>.





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DAY TRIPS FROM PARIS

Champagne Region Day Trip from Paris

Enjoy a glass of bubbly as you spend a day in the famous region of Champagne on a day trip from Paris. With its magnificent vineyards, impressive heritage and world class champagnes, the region makes a great excursion from the French capital. Explore the Moet and Chandon cellars in Epernay before indulging in a traditional lunch at a restaurant among the vineyards with a hilltop view. Also visit the Mumm Champagne House and Reims Cathedral. For more information on the Champagne Region Day Trip from Paris visit <http://www.paris-tours-guides.com>.

Normandy D-Day Battlefields and Beaches Day Trip

Take a memorable day trip from Paris to visit the Normandy battlefields and landing beaches of World War II. You will visit famous wartime sites and the American cemetery. Here you will spend time on the historic beaches and gain invaluable insights into the wartime experience of the Allied soldiers and the French citizens they liberated.



After lunch at the Memorial, visit the Pointe du Hoc, a German defense position that was heroically taken by US soldiers during World War II. Continue to the American cemetery of Saint-Laurent, the final resting place of almost 10,000 soldiers. You will also have free time at Omaha Beach

to reflect on the site's moving history and visit the Omaha Beach Visitor Center, which describes the American soldiers' operations on the famous beach in June 1944.

Before returning, stop at the Canadian Memorial at Juno beach and Arromanches to see the remains of the artificial landing harbor. For more information visit <http://www.d-daytours.com>.

London Day Trip from Paris on Eurostar

The tour begins with a meet and greet service where you will be given your tickets to board the Eurostar to London. You will arrive at St Pancras Station in London 3 hours later, where you will be met to begin your Hop on Hop off tour of London. During the pre-recorded multilingual commentary, discover and admire London's famous monuments including Piccadilly Circus, Trafalgar Square, Buckingham Palace, Houses of Parliament, Big Ben, and the Tower of London.

Your ticket also includes a Thames River Cruise (disembark the bus at Westminster). In the afternoon you have free time for shopping in the city center, visiting one of the many museums or continuing your Hop on Hop off tour. The First Class option includes breakfast and dinner on-board the Eurostar. With the Second Class option you can purchase meals and beverages from the snack bar, at your own expense. The tour lasts 16 hours and begins at 7:00 AM from Central Paris locations. The tour runs daily except Sunday and Monday. For more on the London Day Trip from Paris on Eurostar visit <http://www.paris-tours-guides.com>.

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